



Parliament
Austria



**Youth and
Parliament**



Democracy Workshop

The Democracy Workshop is a parliamentary institution that uses various workshops to teach young people from all over Austria about democracy, Parliament, media literacy, moral courage, and everything to do with the EU. The individual topics are presented interactively and tailored to specific age groups, from the third to the thirteenth grade.

Workshop Parliament:

How laws are made

Workshop Politicians:

Who represents me in Parliament?

Workshop Participation:

My opinion counts!

Workshop Media:

How to gather information?

Workshop New Media:

My role and responsibility



Workshop A journey through time:

Discover the history of the Republic

Workshop Europe:

Getting to know the European Union

Workshop Talking Tacheles:

Understanding unites

Special Workshops:

With contemporary witnesses (e. g. Shoah or ethnic groups) on specialist topics or anniversaries

It is also possible to participate in a workshop **online**.

Workshops for school classes/groups take place during the school year from Monday to Friday in the mornings and afternoons and last four hours each. Participation is free of charge, but registration is mandatory.



Registration and Information (in German):



www.demokratiewerkstatt.at/

demokratiewerkstatt



demokratiewerkstatt@parlament.gv.at



+43 1 401 10 - 2930



3rd to 13th grade



4 hours (2 hours **online**)



Apprentices' Forum

In the Democracy Workshop's Apprentices' Forum, groups of apprentices from all over Austria can learn about democracy.

What defines democracy, and what does it mean for your personal life? What role does Parliament play in this, and how can you participate in democratic processes?



The following topics are available to choose from:

- ◆ Apprentices' Forum – Parliament
- ◆ Apprentices' Forum – Democracy
- ◆ Apprentices' Forum – Politicians
- ◆ Apprentices' Forum – European Union

Workshops for apprentice groups last four hours each and take place Monday to Friday in the mornings and afternoons. Participation is free of charge, but registration is mandatory.


It is also possible to participate in an Apprentice Forum **online**.


Registration and Information (in German):

 www.lehrlingsforum.parlament.at

 lehrlingsforum@parlament.gv.at

 +43 1 401 10 – 2927

 Ages 15 and up

 4 hours (2 hours **online**)

Youth Parliament and Apprentices' Parliament

The Austrian Parliament also invites young people to participate in Youth and Apprentices' Parliaments. Divided into fictitious parliamentary groups, the young people develop their own positions, seek compromises, prepare speeches and finally vote on their bill. During group and committee meetings and a concluding plenary debate, the young people have the opportunity to spend a day experiencing for themselves what it means to be a parliamentarian and how political



Jugend

parlament

decisions are made. The young people are accompanied in their work on the bill by parliamentarians and experts.


Each semester, schools from two federal provinces or various apprentice training centres from all over Austria are invited to apply to participate. Participation in the Youth Parliament and Apprentices' Parliament is free of charge.

Registration and Information (in German):

 www.reininsparlament.at

 jugend@parlament.gv.at

 +43 1 401 10 - 2940

 9th grade or apprentices

 2 days

Guided Tours


Special guided tours are offered for children, young people, and apprentices. During a tour of Parliament, participants learn about democracy and parliamentarianism, right at the heart of the legislature. Exciting activities during the tour teach them about democratic processes. The tour is tailored to each age group and takes into account the prior knowledge and interests of the participating groups. The tour lasts around 55 minutes.

Children's and family tours are also offered for children aged five and above.

Participation is free of charge, but registration is essential.





Registration and Information:

 <https://www.parlament.gv.at/en/experience/guided-tours>

 gruppenbuchungen@parlament.gv.at

 +43 1 401 10 - 2300

 2nd to 13th grade

 55 minutes



Demokratie- webstatt

Web Portal

The Demokratiewebstatt web portal offers children and young people age-appropriate info about Parliament, its tasks and procedures, and a wide range of topics related to politics and democracy – from fundamentals about freedom of speech and children’s rights to questions about climate and globalisation. You will find interactive elements such as quizzes, a virtual tour of the Parliament Building, and a law generator. These activities encourage young people to take a closer look at democracy and parliamentarianism.

The Demokratiewebstatt organises chats between politicians and schools in order to give students from all over Austria the chance to talk to Members of Parliament directly, ask questions, discuss issues, and express their views.

 Thema

 Parlament


 Wissen

 Spiel mit!

On the Demokratiewebstatt, you will also find: A lexicon that explains basic concepts related to democracy and politics, profiles of Members of Parliament, and media products (podcasts, films, newspapers) created by participants of the Democracy Workshops.

Finally, the Demokratiewebstatt web portal offers educators a special service in the form of teaching materials, worksheets, and e-books that can be downloaded free of charge. Interviews with experts and animated videos supplement the resources for teaching.

Information (in German):

 www.demokratiewebstatt.at

 info.demokratiewebstatt@parlament.gv.at


 Ages 8 and up

Parliament Comes to You

Democracy in the classroom

Under the title “Parliament comes to you”, the Parliament is touring Austrian schools and kindergartens with a variety of workshops. The one- to two-hour workshops are aimed at schoolchildren, apprentices, and pre-school children.

Information (in German):

 [www.parlament.gv.at/erleben/
demokratiebildung/parlament-kommt-
zu-dir](http://www.parlament.gv.at/erleben/demokratiebildung/parlament-kommt-zu-dir)



Module

Legislation and Democracy

In the “Legislation and Democracy” module, schoolchildren and apprentices learn about the principles of democracy and parliamentarianism. They learn about the tasks, functions and composition of Parliament.

Registration:

✉ nicole.sebestik-harrer@gwm.museum

☎ +43 1 545 25 51 42

👥 5th to 13th grade or apprentices

🕒 1 to 2 hours




Module

Democracy and Responsibility - the Format against Antisemitism


Following the findings of the 2024 anti-semitism study, this two-hour workshop allows pupils and apprentices to explore the causes, manifestations and effects of antisemitism. Through interactive exercises and examples of current cases, they learn to recognise prejudices and develop possible courses of action. The aim is to strengthen empathy and civil courage in order to promote respectful, democratic coexistence. Democracy lives from observing, understanding and acting.

Registration:

 workshop@mentor.at

 +43 662 26 18 90

 9th to 13th grade or apprentices

 2 hours

Module

Polli, Hans and Theo – Democracy from an Early Age

Our specially-trained experts visit kindergartens with a kamishibai. Kamishibai is a Japanese method of storytelling using pictures in an oversized wooden picture frame. The mascots Polli, Hans, and Theo play the leading roles.

Registration:

✉ buchung@polli.at

☎ +43 670 40 60 333

👥 4 to 6 years

⌚ 45 minutes



Demokratikum – Experience Parliament

The Demokratikum – Experience Parliament Visitor Centre is a meeting place for everyone and invites visitors into the heart of the Parliament Building. Numerous interactive and multimedia stations provide insights into democracy and parliamentarianism in Austria, their history and the scope for democratic action.

The easily-accessible content is aimed at all age groups. A stamp pass and yellow-marked stations enable the youngest visitors to approach the topics in a playful way.



Admission:

Children under the age of 14 are not required to show identification. Children aged 14 and over require photo identification (a student ID card is also valid). From the age of 18, official photo identification is required (e. g. identity card, passport).

Parliament website:

Further information about the Parliament's offerings and opening hours, as well as more about democracy and parliamentarianism, can be found on Parliament's website.



www.parlament.gv.at/en/experience

Politik der Straße

Politics on the Streets

Ende der Demokratie

End of Democracy



hieben
or



Publications

Parliament offers a range of publications tailored specifically to younger audiences in terms of content and design. They are available from the Parliament shop and some are used as accompanying material in Democracy Education programmes.



Ben und die Demokratie

Ben, Isabel, Mario, Milan and Adele are the main characters in **Ben und die Demokratie** (Ben and Democracy),

a book for young people. Explanatory texts, infographics, and a glossary complement the story about Ben and his classmates encountering democracy time and again in their everyday school life. The book is primarily aimed at youth from 10 to 14 years old.



Unsere Rechte

Who decides on my rights? Are we all equal? How can I help shape politics?

The brochure **Unsere**

Rechte (Our Rights) addresses all of these questions and makes fundamental rights and freedoms in Austria understandable and tangible.



Alina und Max im Parlament

With colourful illustrations and

an adventurous story, **Alina und Max im Parlament** (Alina and Max in Parliament) introduces children who are just learning to read to the workings of Parliament. It is part of the well-known Pixi book series published by Carlsen Verlag.



Social Media

Parliament is also active on social media.

On Facebook, Instagram, TikTok, YouTube, LinkedIn, Bluesky and X, parliamentarianism and democracy are communicated in an informative, compact and target-group-oriented manner.

Further information (in German):



Imprint:

Publisher, media owner, producer: Republic of Austria – Federal Government, represented by the Parliamentary Administration | **Address:** Dr.-Karl-

Renner-Ring 3, 1017 Vienna, Austria | **Editorial team:** 4.2 – Corporate Identity, 5.1 – Democracy

Education | **Graphic design:** 4.2 – Corporate Identity | **Translation:** Heather Wokusch |

Photos: © Parliamentary Administration/
Katie Aileen-Dempsey: Cover, p. 4 (bottom) |

© Parliamentary Administration/Arman Rastegar:
p. 4 (top) | © Parliamentary Administration/

Anna Rauchenberger: p. 20 | © Parliamentary
Administration/Thomas Topf: pp. 2–3, 10–11, 19 |


© Parliamentary Administration/Ulrike Wieser:
pp. 8, 17 | © Parliamentary Administration/

Johannes Zinner: p. 5 (both), 6, 14–15, 18, 24–25 |
Tyrolean State Parliament/Christanell: pp. 18–19 |

Printed by: Parliamentary Administration |

Vienna, February 2026

       | @OeParl

 www.parlament.gv.at

